

Region IX Collegiate Championships 12/3/83 - Sulphur, La

Table with columns: WOMEN, SQ, BP, DL, T. Lists names and scores for various weight classes.

all those who attended or participated. Also I would like to inform the PL world of the death of my brother, Bryan DeRoussele. He was a powerlifter for McNeese for 3 years. He competed in the 165 lb class and had achieved a Class II total. He also competed in some of the local ADFPA meets. As my brother, fellow lifter, and friend, he often helped me when I would have a contest at MSU. He was my right arm in these matters.

Let me write this last thing about my brother - so that those who read this will see that things aren't as bad as they seem. In July of 1982 my brother broke a small bone on one of the lumbar vertebrae of his back. Two weeks later, two tumors appeared in his throat and one in his stomach area. He underwent the necessary surgery and following chemo treatment. In May of 83 they told him he was cured. In July of 83 they told him that they had found more cancer in him, some in the lungs. The doctors told him that he had a ten percent chance at life and my brother, being the competitor that he was, said that he would do anything to live. And in the end on Oct. 30, 1983, after 43 days of fighting death with all he had, my brother's body gave up and he passed away. He was 23 years of age. He is in a better place now and my family misses him very much. If any of you ever feel down, think of my brother, and keep on trying. Thank you, Chad DeRoussele.

New Jersey State Drug Free 11/20/83 - West Orange, Nj

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Results: Women: L. Mellea won with a teenage DL record. 114: L. Calafamo was 1st with a new American ADFPA DL record. D. McDonald 2nd with American ADFPA sq record. 123: D. VanHorn 1st with 625 total; 132: R. Mulderith was 1st with New HI School DL record; 148: B. Clayton 1st with a fine 1,255 DL record; 165: I. Dietz held off P. Biccico for 1st; 181: B. Graifer 1st with excellent 1,345 total; Veteran Joe Pyra tried 550 DL for 1st but could not lock out; 198: L. Jones with an awesome 670 DL was 1st; 2nd was Lucardi who I predict great things from in the future; 220: A. Ferraina with a nice 610 squat in 1st; 242: Gary Jones, who in the last 2 years has won NJ Districts, NJ open states and now the Drug Free; great job, Gary; 275: L. Melillo with 500 BP; if Larry ever gives up basketball, softball, etc. look out 275 lbers; SHW: A. Garianno had a great day; 745-443-670-1870; Andy is just getting into his prime. Thanks to Hank Siska for results.

Palmetto State Championships 12/2&3/83 - Greenville, SC

Table with columns: OPEN DIVISION, SQ, BP, DL, T. Lists names and scores for various weight classes.

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Outstanding Lifter Point System... Butch Stackpole and Rich Cernosek of New Mexico have developed a system for determining Outstanding Lifters in their state, based on points. A lifter must enter at least 3 meets, and can earn as many as 90 points on a Schwartz Formula basis by ranking the top ten in the state in the squat, bench press, deadlift, and total. Points are also awarded for consistent performances as well as placing in meets. When records are broken or a lifter attends a national or international meet, additional points can be earned. Total points determine the winner. For more information, contact Rich Cernosek, 11605 Phoenix NE, Albuquerque, New Mexico 87112.